



## Wisdom of the Soul Soul Realignment

*Jolene Hayes*

Do you yearn to understand who you are at your Soul Level? Are you feeling challenged or struggling in certain areas of your life and don't know how to create better and more fulfilling experiences? Are you ready to embody your true purpose and express your Soul's unique, Divine gifts? If you are ready to take action towards living your Divine Nature, perhaps a Soul Realignment Reading and clearing is what you're looking for.

Soul Realignment is an intuitive, spiritual and personal growth modality that can help you learn about who you really are at your Soul level. By accessing your Akashic Records I obtain your Soul's profile which tells you about your Divine gifts. Then, we'll discuss what actions and conscious choices you can make towards expressing those gifts. When you align with your Divine gifts you will begin to experience a more fulfilling and rich life.

In addition, I will help you discover any choices you have made both consciously and unconsciously throughout lifetimes that have created the root cause of negative energies that are still showing up in your present life. I then energetically clear the negative energies affecting you and give you clearing work you can do on your own. For those who would like to dive deeper I do other readings and I offer Wisdom of the Soul Coaching for those who want to truly invest in themselves.

*"Jolene's Soul Realignment Reading has helped me to clarify questions that I have struggled to understand in my inner life, as well as, relationship with my husband. Jolene's insightful wisdom and her gentle, compassionate, guidance created a safe space for me to explore the reasons for my habitual patterns that have caused me suffering. Working with her has given me a new perspective and "tools" to shift away from these long standing habits. Jolene is a woman of integrity, as well as, a gifted healer. I highly recommend her!" -Marie B., Arcata, CA*

**Jolene Hayes, Soul Realignment Practitioner**

**707- 499-9207**

[jolene@divinesoulwisdom.com](mailto:jolene@divinesoulwisdom.com)

**[www.divinesoulwisdom.com](http://www.divinesoulwisdom.com)**

## Wisdom of the Soul Hypnotherapy

*Jolene Hayes*



Are you looking for real change that will improve your life? Are you seeking more peace and happiness? Hypnotherapy is safe and is the quickest, most effective way to achieve success. I can provide the support you need to gain measurable results as you eliminate unwanted behaviors and patterns and release negative feelings.

Hypnotherapy is more than working with positive thoughts and affirmations. Hypnosis allows you to put your conscious mind aside in order to access the subconscious part of you that can reveal the root cause of your emotional pain and what is blocking your success. Once we find the root cause, I can help you neutralize it so you can gain power over it and heal once and for all.

As an intuitive with a wide range of tools and modalities, I am able to quickly and gently guide you through your process in a way that works specifically for you.

Here are some of the many concerns you can explore through hypnotherapy:

- \* **Quit Smoking**
- \* **Weight Reduction**
- \* **Fear and Anxiety**
- \* **Personal Growth**
- \* **Understanding and Healing Relationships**

*"I am grateful for the time and help Jolene has given me to help me feel safe and accept love again. Her calm, loving demeanor brings a sense of peace and safety before, during and after the sessions. Thank you, Jolene!" -Paige, Crescent City.*

**Jolene Hayes,  
Certified Clinical Hypnotherapist**

**707- 499-9207**

[jolene@divinesoulwisdom.com](mailto:jolene@divinesoulwisdom.com)

**[www.wisdomofthesoulhypnotherapy.com](http://www.wisdomofthesoulhypnotherapy.com)**