

Energy Medicine^{with} **Bruce Burger, MA, BCPP**

**Upcoming Personal Growth and
Career Trainings at Heartwood,
India, Sebastopol and Benbow.**

**View the 2020 schedule at
www.WeAre1.us**

**Jan 8-25, 2020
Tiruvannamalai, India**

Bruce Burger, founder of the legendary *Heartwood Institute* and author of *Esoteric Anatomy: The Body as Consciousness* invites you to dramatically accelerate your personal growth and professional skills in our

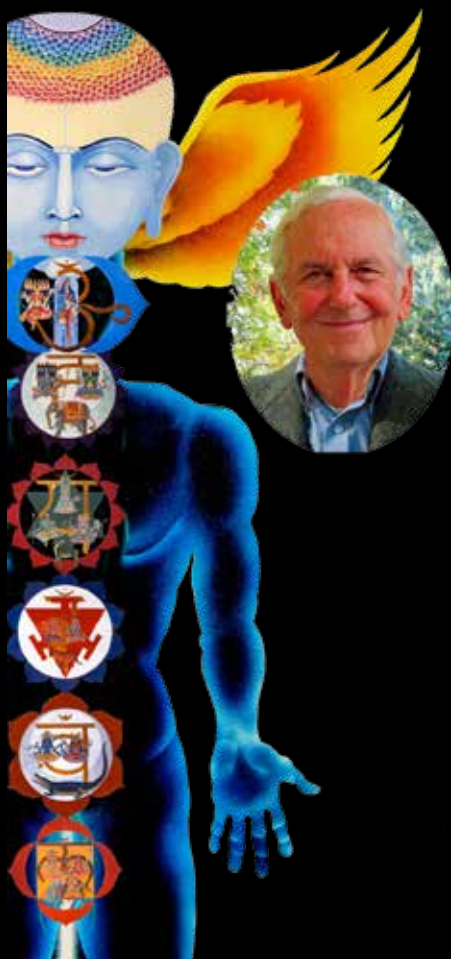
**Transformational Therapy:
Energy Medicine
Personal Growth &
Professional Trainings...**

**Healing arts practitioners can
take a tax deductible vacation to
study with Bruce in India or at his
Benbow home.**

Bring the healing power of the
ancient wisdom into your life and your
practice with Bruce's uniquely power-
ful approach to energy medicine.

Bruce shares profound
revelations gleaned from more
than a half century of devotion to
demystifying spirituality and
esoteric philosophy.

**Accelerate your personal
growth as you actualize
powerful professional skills.**



Polarity Therapy is unique in the healing arts for the clarity and focus of its intention to address the animating intelligence of the Soul. We address this life sustaining intelligence through a profound and revealing understanding of the body as a field of energy.

We address the animating intelligence of Life holistically through: Powerful energy balancing bodywork protocols, Somatic and Transpersonal Psychology, Energy Exercises & Sattvic Vision Quest Diet

Bruce Burger's book *Esoteric Anatomy: The Body As Consciousness* offers over 300 pages of illustrations, charts, diagrams and hands on energy balancing technique. A student of yoga philosophy, Bruce shares the fruit of over 50 years of study, practice and contemplation of life's deepest questions.

<<< Learn More >>>

**707- 923-3387
www.WeAre1.us**

Bruce Burger's workshops are profound experiences leaving one with the feeling that the mind has been liquified and the body reconnected with the whole.

- Karen F

Words cannot do justice to the profound transformative experience that transpired over three weeks with Bruce in India.

-Tannis

I just attended the Somatic Emotional Clearing workshop and was struck by how profoundly deep these therapies are to get right to the root layer of what causes our pain and dysfunction.

I really resonate with the Somatic psychology approach that informs the work. -Pranada