Teresa von Braun

Spiritual Consultant

Psychic Reading
Energetic Healing
Metaphysical Teaching
Spiritual Counseling
Sacred Space Designing

"She's a one woman Mystery School"

The purpose of my work is to guide you in developing your spirituality and your intuition, while supporting your soul's evolutionary journey towards self-realization. This aim is in all of my individual and couple readings and counseling, healing sessions, classes, and workshops. I also lead pilgrimages to sacred sites.

In a reading, I communicate about your soul's journey and karmic patterns, their manifestation on the energetic, physical, emotional, psychological, mental, and spiritual levels in your life. I help you connect with your soul's calling and purpose; address questions concerning relationships, career, health, karma, past lives, spirit guides, initiation and spiritual emergence to gain further self-awareness. I meet you on a soul level to offer insights and energetic healing to aid you in experiencing, understanding, transforming and healing. As a medium, I can also do channeled readings.

In healing and counseling sessions I use the soul information from your reading along with further aura and chakra reading, clearing, balancing, visualization, soul retrieval, depossession, past life therapy, hypnotherapy, breath work, and hands on healing. As a medical intuitive I can identify the trauma, symbolism, and message of your illness. Our work together flows to meet your specific need with the intention of integrating body, mind, and spirit to become more whole.

Spiritual initiation classes offer training to develop personally and professionally in the tradition of esoteric mystery schools. Classes are a blend of metaphysical, alchemical, and shamanic information derived from temple training and ancient cultures, integrated with schools of modern psychology and spiritual paths.

As a Sacred Space designer, I read your house and property, do energetic clearing, healing, and harmonizing. I utilize the art of placement in interior and exterior design to facilitate energy flow and well being, attuned to you and your family.

In all my work I foster independence, responsibility, and creative self expression in all students from novice to adept. Together we use intuition, guidance, compassion, and laughter to enable you to experience transformation, magic, and a deeper meaning in your life through ongoing spiritual counseling.

I have been a lifelong student of metaphysics and esoteric traditions. I hold an M.A. in psychology and studied the Diamond Approach for Self-Realization at the Ridhwan School for over twenty years, ten in the Ridhwan teacher training.

I have been in practice for over thirty-five years. Call or visit my website to schedule an appointment, or to register for classes.

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